

## Children 1st is Scotland's National Children's Charity.

We help Scotland's families to put children first, with practical advice and with support in difficult times. And when the worst happens, we support survivors of abuse, neglect, and other traumatic events in childhood, to recover.

We help Scotland's communities to play their part in looking-out for and protecting children.

We listen to Scotland's children and families. And when government or society fails to hear them or respect their rights, we speak out.

We're determined each child has reasons to smile. And we'll work alongside whoever shares that aim.

T: 0131 446 2300

W: [www.children1st.org.uk](http://www.children1st.org.uk)



## Children's Champions

Our funding heroes, known as Children's Champions are those individuals, trusts and companies who have made a significant contribution to help Children 1st support children and families. We particularly wish to thank:

Aberdeen Douglas Hotel  
Ambassador Theatre Group  
Anderson Anderson & Brown LLP  
Barratt Homes  
BBC Children in Need  
Big Lottery Fund - Investing in Communities  
bp  
Burness Paull  
Castansa Trust  
Cattanach Trust  
Comic Relief  
Dales Engineering Services  
Deloitte  
Dinning Charitable Trust  
Dr Malcolm Appleby MBE  
Dril-Quip

Edinburgh Airport EY  
Forth Print and Design  
Garfield Weston Foundation  
Howdens Joinery  
Jamieson & Carry  
Lloyds TSB Foundation for Scotland - Partnership Drugs Initiative  
Microsoft Scotland  
Marathon Oil  
Morgan Stanley Foundation  
Northwood Charitable Trust  
NoteMachine  
Openwork Foundation  
People's Postcode Lottery  
Richard Burns  
Robertson Trust  
RS Macdonald Charitable Trust  
RSM  
Search Consultancy  
SPAR  
SSE  
STV Children's Appeal  
The Balmoral Hotel  
The Dragonfly Agency

Thorntons Law  
Traveleads  
University of Edinburgh Business School  
Walker Group  
Wood Group

And other generous individuals who have chosen to remain anonymous.

We would also like to thank our celebrity ambassadors for their ongoing commitment to help us raise awareness about the charity and the issues we are working to address:

Cathy MacPhail    Damian Barr  
Colin McCredie    Kaye Adams

We acknowledge the support of the Scottish Government through the Third Sector Early Intervention Fund, managed on behalf of the Scottish Government by the Big Lottery Fund in Scotland and Lloyds TSB Foundation for Scotland.



## IMPACT REPORT 2016-17



"It's like having a new life"

"Such a support - kind of like a friendship"

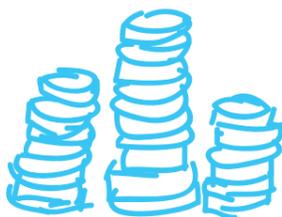
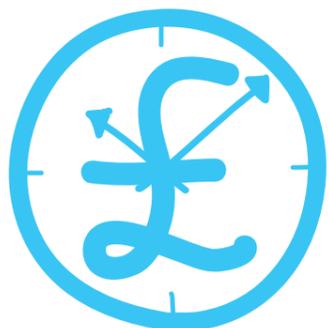
"Before we got support - we had nobody"

Children 1st

"Thanks to you the world is a bit more amazing"

"How lucky I feel to be involved" - Volunteer

"She taught me to enjoy the simple things"



# 565

## HOW WE MADE A DIFFERENCE IN 2016-17

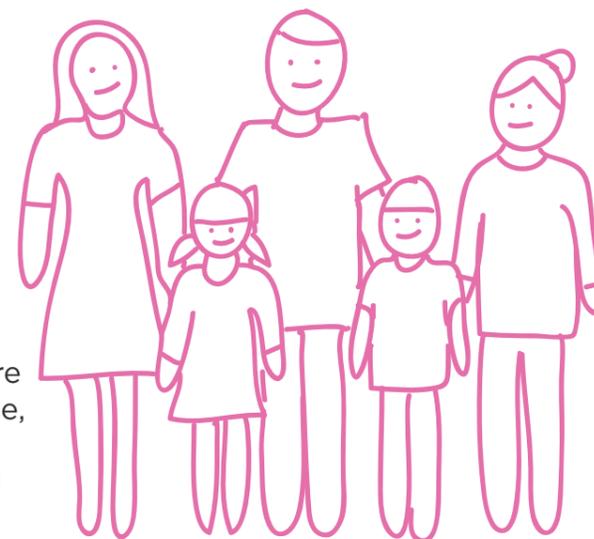
### Number of volunteers

Those helping service teams gave 10,810 hours, equivalent to £91,346 at Living Wage rates. Action Group Volunteers raised £206,285.

# 8,607

### Children, young people, parents and carers helped by Children 1st local service teams across Scotland

Many of the families and children we support are impacted by poverty, neglect, domestic violence, sexual abuse, bereavement, drugs and alcohol. (Excludes national helpline-based support and Communities Putting Children First).



# 982

### People better informed of the part they can play in protecting children

By taking part in sessions run by our Communities Putting Children First service.



### Our success in improving the emotional health of children affected by abuse or other traumatic childhood experiences

# SEVENTY-SIX PERCENT

### Children we supported said they were living in a safer environment

# 598 KINSHIP CARERS

Who we support and who are looking after **3,983 children** - A kinship carer for example may be a grandparent, aunt or uncle who has become the main carer for a child.



# FOUR HUNDRED AND SIXTY-FIVE

### Children and adults we supported to recover from traumatic childhood experiences

### Parents, carers and concerned individuals supported by our national helpline

Using our three national services sharing a helpline (ParentLine, Kinship Care, Family Decision Making).



### Local kinship carers groups supported to grow and develop by our National Kinship Care service



### Our success in empowering children and young people in decision-making



# EIGHTY-TWO PERCENT

### Our success in improving parenting skills in families we support

# 2,225